## CLAIRE HINTON BSc, MSc (Hons), Dip (Couns.Psych), CPsychol, MBPS Chartered Counselling Psychologist Shamam

00 44 (0)7891433613 (mob)

www.psychologyandshamanism.com

## **EDUCATION**

2006-2007 Qualification in Counselling Psych	British Psychological Society ology.	Leicester
2005-2007 Family Intervention in Psychosis Co	Studies Plymouth University ourse. Bsc, Health Studies	Plymouth
2004-2005 Diploma of Higher Specialised Stud Thesis' subject: The therapeutic rel	University of Paris VIII (2005) ies ationship within the group dynamic of self-help	Distant Learning/Paris o support (22.000 words)
2003-2004 Msc in Counselling Psychology Thesis subject: Networking practice	University of Paris VIII (2005) es in Community Psychiatry. (30.000 words)	Distant Learning/Paris
2004-2005 BSc (Hons) Psychology Research thesis in Cognitive Dissor	University of Paris VIII (2005) nance	Distant Learning/Paris
1992-1994 MA. in Medieval History Thesis' subject: Archeological Rese	University of Paris I (La Sorbonne) earch on the Mongol Capital in the XIIIth centur	Paris y.
1989-1991 B.A. in History and Politics	Freie Universität. Berlin (1991)	Berlin
1986 Baccalaureate in Biology, Maths, Fo	Voltaire College (1986) preign Languages	Paris

## Work History

2011 Pain Management Psychologist	NHS	Plymouth		
Pain Management Psychologist I hold clinical responsibility for the Pain Management Programme, a 42 hours CBT based rehabilitation intervention spread over 7 weeks. I provide individual intervention and am currently working on a therapy group for fibromyalgia patients.				
2011-2008 Staff Counsellor, Counselling Psycl	NHS	Plymouth		
I am delivering short term psychological therapy to staff. I hold responsibility for reflective practice, and supervision of Doctorate Trainee in Clinical Psychology. Deliver also Ecopsychology Energy Group Work in the context of the hospital				
2003-2008 Integrative Counselling Psychologis	Free Lance Practitioner st,	Cornwall		
2006-2008 I provided long term psychodynami	Drug And Alcohol (NHS) c and holistic therapy to people recovering from sub	Cornwall stance abuse		
2005-2007 Counselling Psychologist providing	Outlook SouthWest short term psychological therapy	Cornwall		
2005-2007 Providing Family Therapy for family	Cornwall Family Support Service (NHS) who have a member who experiences Psychosis.	Cornwall		
1999-2007 Group facilitating for people who he	Rethink ear voices or have auditory hallucinations.	Bodmin/Cornwall		
1999-1998 North Cornwall Befriending Scheme Cornwall   Community worker, I would support people recovering from mental health problems by visiting them and helping them to re-enter the community Community				
1993-1995 I would provide solution focussed g	ANPE, French Job Centre proup work for job seekers	Paris		
Workshop, Conferences, teaching and groupwork				
April 2011 NHS I developed and conceived a new M and generally the transformational	odel of Ecopsychology Group Work to support staff process	Plymouth facing redundancies,		
July 2010 Counselling I Paper: 'The Medicine Wheel, a thera	Psychology Annual Conference application'	Glasgow		
	Psychology Annual Conference ness, the power of calling the directions'	Plymouth		
	logy CPD Event oncept of Spirit Loss and its implication for understa	Plymouth Inding PTSD'		
•	Conference d Trauma; A Cross cultural Perspective'	Edimborough		
Whole day Workshop 'The Body and Sept 2009 BPS Transpe		Scarborough		

## <u>CPD</u>

Sept 2011 Integrative Medicine (one day) Using sound in therapeutic interver	Dr Vladislav Matrenitsky ntion	Abergavenny
August 2011 Plant Spirit Medicine (two days)	Sue Goodwind (medical herbalist)	Dartmoor
2010-2011 Diploma in Online Therapy	Online Therapy Institute	Online
Mars-June 2011 Story Stem Narrative Assessment, a	Plymouth University and three day introduction	Plymouth
Mars 2011 Solution Focussed Therapy (one da	Zebra collective y)	Cornwall
Dec 2009-Mars 2010 Attachment Interview (3 days)	Plymouth University	Plymouth
May 2009 Organisational Constellation (2 day	Bert Hellinger Institute s)	London
2008-2010 Traditional Mexican Holistic Energy	Mexica Patckli Medicine (similar to Aryverdic, Acupuncture)	London/.Mexico