

Work History

2011	NHS	Plymouth
Pain Management Psychologist I hold clinical responsibility for the Pain Management Programme, a 42 hours CBT based rehabilitation intervention spread over 7 weeks. I provide individual intervention and am currently working on a therapy group for fibromyalgia patients.		
2011-2008	NHS	Plymouth
Staff Counsellor, Counselling Psychologist. I am delivering short term psychological therapy to staff. I hold responsibility for reflective practice, and supervision of Doctorate Trainee in Clinical Psychology. Deliver also Ecopsychology Energy Group Work in the context of the hospital		
2003-2008	Free Lance Practitioner	Cornwall
Integrative Counselling Psychologist,		
2006-2008	Drug And Alcohol (NHS)	Cornwall
I provided long term psychodynamic and holistic therapy to people recovering from substance abuse		
2005-2007	Outlook SouthWest	Cornwall
Counselling Psychologist providing short term psychological therapy		
2005-2007	Cornwall Family Support Service (NHS)	Cornwall
Providing Family Therapy for family who have a member who experiences Psychosis.		
1999-2007	Rethink	Bodmin/Cornwall
Group facilitating for people who hear voices or have auditory hallucinations.		
1999-1998	North Cornwall Befriending Scheme	Cornwall
Community worker, I would support people recovering from mental health problems by visiting them and helping them to re-enter the community		
1993-1995	ANPE, French Job Centre	Paris
I would provide solution focussed group work for job seekers		

Workshop, Conferences, teaching and groupwork

April 2011	NHS	Plymouth
I developed and conceived a new Model of Ecopsychology Group Work to support staff facing redundancies, and generally the transformational process		
July 2010	Counselling Psychology Annual Conference	Glasgow
Paper: 'The Medicine Wheel, a therapeutic application'		
July 2010	Community Psychology Annual Conference	Plymouth
Opening Workshop 'Interconnectedness, the power of calling the directions'		
January 2010	NHS; Psychology CPD Event	Plymouth
Teaching sessions 'Transcultural concept of Spirit Loss and its implication for understanding PTSD'		
May 2010	BPS Holistic Conference	Edimborough
Whole day Workshop 'The Body and Trauma; A Cross cultural Perspective'		
Sept 2009	BPS Transpersonal Annual Conference	Scarborough
Ecopsychology Workshop: 'Integrating the Natural world into our Therapeutic Relationships'		
Sept 2008	Free Lance	Cornwall
Ecopsychology Workshop: 'A cross cultural perspective on the therapeutic Relationship'		

CPD

Sept 2011 Integrative Medicine (one day) Using sound in therapeutic intervention	Dr Vladislav Matrenitsky	Abergavenny
August 2011 Plant Spirit Medicine (two days)	Sue Goodwind (medical herbalist)	Dartmoor
2010-2011 Diploma in Online Therapy	Online Therapy Institute	Online
Mars-June 2011 Story Stem Narrative Assessment, and three day introduction	Plymouth University	Plymouth
Mars 2011 Solution Focussed Therapy (one day)	Zebra collective	Cornwall
Dec 2009-Mars 2010 Attachment Interview (3 days)	Plymouth University	Plymouth
May 2009 Organisational Constellation (2 days)	Bert Hellinger Institute	London
2008-2010 Traditional Mexican Holistic Energy Medicine (similar to Aryverdic, Acupuncture)	Mexica Patchli	London/.Mexico